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Men blow horns as crowds celebrate on Robson Street following Team Canadia's hockey victory in February 2010. GETTY IMAGES

# OUR OLYMPIC LEGACY

## 2010 MEASLES OUTBREAKS TRACED TO TWO TOURISTS

metroNEWS

# Homelessness barely drops in 2015

HOUSING

## Despite city's efforts, mayor's campaign issue still a problem

Emily Jackson
Metro | Vancouver

Homelessness in Vancouver only dropped by a few dozen people last year despite huge efforts by the city, according to the 2015 homeless count.

The number of people sleeping on the city's streets dropped by 48 people to 488 in 2015, with the number of those sleeping in shelters down by just nine to 1,258, the city's chief housing officer Mukhtar Latif announced Tuesday. The numbers are based on a 24-hour count on March 24, where more than 200 people were turned away from full shelters, Latif said.

That's a total of 1,746 people without homes, just 57 fewer than the 1,803 in 2014, despite 615 new homes in the city and unprecedented efforts to help Mayor Gregor Robertson keep his promise to end street homelessness by 2015.

The number of homeless is higher than in 2008, when Robertson was first elected on a pledge to deal with the issue.

"The overall level of homelessness remains about the same as in recent years, which is unfortunate given all the investment and housing that's been opened up for people who are vulnerable," Robertson told reporters.

"It's been a really tough problem and it's been compounded by the overall affordability crunch in Vancouver."

The usual suspects — people getting out of prison, youth aging out of foster care, dangerously low vacancy rates, mental illness, addiction, loss of cheap housing stock in the Downtown Eastside and stagnant welfare rates — were blamed for the consistent levels of homelessness.

But the city believes the situation would have been worse had it not rushed to open interim housing at the Quality Inn, many units of which went to people camping at Oppenheimer Park. The city also dedicated an unprecedented amount of its 2015 to 2018 capital budget to housing.

Robertson called on the province and federal government to step up to the plate and fund housing in major cities across the country.

He noted the city has dedicated seven new sites to social housing where it hopes to work with the province — although the province apparently hasn't received its pitch on this yet.

The homeless count, which includes a demographic survey, revealed insight into who is living on the streets.

Aboriginal people made up 32 per cent of the count versus 2.5 per cent of the population. More than half — 58 per cent — suffer from addiction or substance abuse and 42 per cent reported a mental illness. Less than five per cent, however, were from outside of Vancouver.

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Forte SX AT shown‡
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Optima SX Turbo shown‡
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Sorento SX Turbo AWD shown‡
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metro NEWS

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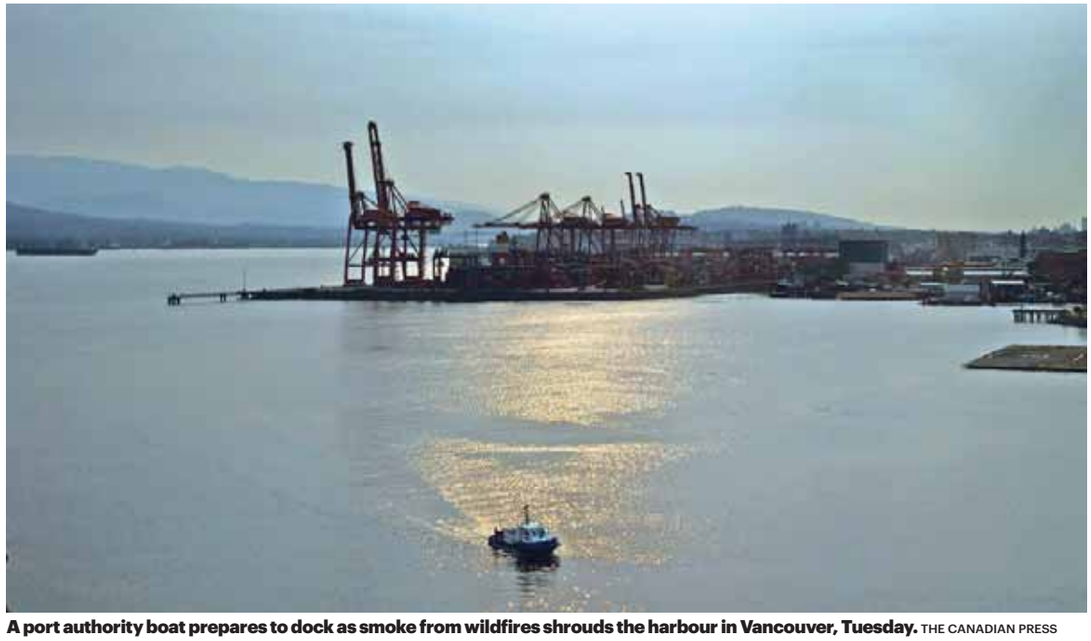
Breast milk a surprisingly cutthroat industry. **Business**

# B.C. crews stretched fighting 184 active fires

EMERGENCY

## Fire services have requested 290 personnel from other jurisdictions

**Matt Kieltyka**
Metro | Vancouver



**A port authority boat prepares to dock as smoke from wildfires shrouds the harbour in Vancouver, Tuesday.** THE CANADIAN PRESS

British Columbia fire crews are already operating at critical levels and have to prioritize which wildfires to fight.

The province is off to the fiercest start to its summer fire season in recent memory and, on Tuesday, BC Wildfire Service' fire centre manager Kurtis Isfeld said crews and resources are stretched fighting 184 active fires.

Nine of those fires have triggered evacuation orders or alerts.

"The availability of resources is at a critical level," said Isfeld. "We currently have all of our own B.C. wildfire staff engaged in operations. Any increase in fire load will be difficult for us to manage."

Isfeld said the service has requested 290 additional personnel from other jurisdictions to help local crews.

Seventy firefighters from Ontario arrived in B.C. on Tuesday, and more help is expected to arrive from Australia.

The province has already spent more than $90 million fighting more than 865 wildfires this year, exceeding the $63 million budgeted for wildfire response in 2015.

With continued hot and dry conditions forecast for the next 12 days, Isfeld expects about 30 new fires to ignite throughout B.C. every day.

"Unfortunately, it does look like we're in for a long, hot summer," said Forests Minister Steve Thomson, who promised B.C. will dip into contingency funds and call on outside help to make sure fire crews have all the resources they need.

### AIR QUALITY ADVISORY REMAINS

The air quality advisory over Metro Vancouver remains in effect.

First issued Sunday after heavy smoke from surrounding wildfires outside the region settled over the Lower Mainland, the advisory warns of high concentrations of fine particulate matter in the air over Metro Vancouver and the Fraser Valley. People with chronic heart and lung conditions are being asked avoid strenuous activity until the advisory is lifted.

INVESTIGATION

## Coroner denies deleting suicide letter

**Thandi Fletcher**
Metro | Vancouver

The BC Coroners Service is refuting suggestions that any of its employees deleted fired health researcher Roderick MacIsaac's suicide letter from his computer after he killed himself.

The statement comes after MacIsaac's sister, Linda Kayfish, alleged in an open letter to B.C. Premier Christy Clark on Monday that the BC Coroners Service had deleted her brother's suicide letter from his laptop computer.

Kayfish wrote that the family was made aware of the document left on the desktop of his computer shortly after he was found dead in January 2013. When they asked about it, she said the coroner told her they could not disclose the document's contents until the investigation was complete.

When the computer was returned to the family in October 2013, the document was not there, she claimed. According to the Times Colonist, Kayfish's husband, who is an IT specialist, was able to retrieve the deleted document.

In a news release Tuesday, the Coroners Service said the laptop was not accessed when the coroner seized it because it was password protected.

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**A Canadian fan celebrates his team's first goal during the men's gold-medal hockey match between the U.S. and Canada at the Canada Hockey Place during the XXI Winter Olympic Games in Vancouver on Feb. 28, 2010. Researchers recently traced the 2010 measles outbreak to two tourists. Jennifer Gardy (right), senior scientist at the B.C. Centre for Disease Control, is the lead author of the study.** YURI KADOBNOV/AFP/GETTY IMAGES; COURTESY UBC

# Measles outbreak traced to two tourists during Olympics

STUDY

## Whole genome sequencing can track viral outbreaks

**Thandi Fletcher**
Metro | Vancouver

Tourists brought more than Olympic fever to the Vancouver 2010 Winter Games — they also transported measles virus that caused a serious outbreak across British Columbia, a new study suggests.

Researchers at the University of B.C. and the B.C. Centre for Disease Control used genome sequencing to trace the 2010 measles outbreak in the province, linking it to two strains of the virus, H1 and D8, that were brought in by two travellers.

The research was published Tuesday in the Journal of Infectious Diseases.

"What was unique about the outbreak was that it was two outbreaks in one," said Jennifer Gardy, lead author of the study and a senior scientist with the B.C. Centre for Disease Control.

"Normally you would expect a single person to bring a single virus that establishes itself in the local area, but what happened is we had two visitors who probably came from totally different parts of the world — one who was carrying the H1 genotype and one who was carrying the D8 genotype — and both of those individuals transmitted to others in the Vancouver area."

Described as the largest measles genomics project to date, researchers sequenced 27 complete genomes from the two virus strains isolated from the outbreak, which saw 82 cases of measles being reported in March and April following the Games. Researchers found four mutations along the entire genome that differentiated the outbreak cases from each other, allowing them to draw conclusions about how the virus moved around.

"We looked for that teeny, tiny handful of mutations that can help track who coughed on who, who sneezed on who and who shared air space with who," said Gardy.

While researchers knew one strain, D8, stayed within Vancouver, Gardy said data revealed the spread of the H1 strain first in northern B.C. and then across the province arose from a single person, likely along Highway 97.

"It's really neat," she said. "We would have thought a few people came into the area, but no, it was one traveller that was responsible for all of that virus spreading."

Since 2010, the strains responsible for the Olympics outbreak are no longer being reported. However, B.C. continues to regularly experience measles outbreaks. Last year, more than 400 cases of measles were reported in the Fraser Valley.

Gardy said the study underscores the value of genome sequencing to understand the spread of infectious disease and how to prevent it through immunization.

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## IN BRIEF

**B.C. moves to protect males with free vaccine**

The British Columbia government is expanding an immunization program to better protect boys and young men who may be more vulnerable of contracting human papillomavirus.

Beginning in September, boys and men up to age 26 will be eligible for publicly funded HPV vaccine that offers broad protection from the most common sexually-transmitted infection.

Currently, girls are eligible for the free HPV immunization program, protecting heterosexual boys, as well, but at-risk boys and young men who live on the street or have sex with males were still unprotected. Health Minister Terry Lake says it is important to address the gap because the virus can lead to serious health problems and possibly develop into an HPV-related cancers.

THE CANADIAN PRESS

**Found remains identified as missing Australian teen**

Human remains found in an industrial complex near Whistler, B.C., have been identified as a missing teen visiting from Australia.

Jake Brian Kermond, 19, had been staying in Whistler since March and was reported missing shortly after he was last seen leaving his hotel on April 26, according to homicide police.

His body was found two months later when a local resident came across the remains on June 17. Although his death remains suspicious, police said foul play has yet to be determined. Investigators are asking anyone with information to come forward.

METRO

# Mayor to attend meeting with Pope

CLIMATE CHANGE

## Robertson is the only Canadian in the group

**Mayor Gregor Robertson is shown in Vancouver on Nov. 15, 2014. The mayor of Vancouver says he plans on encouraging the Pope to ramp up pressure on national governments across the globe to take action on climate change when he meets with the Catholic leader later this month.** DARRYL DYCK/THE CANADIAN PRESS

The mayor of Vancouver says he plans on encouraging the Pope to ramp up pressure on national governments across the globe to take action on climate change when he meets with the Catholic leader later this month.

Gregor Robertson will join about 30 other representatives of big cities from Europe, Africa, Asia and the Americas for a two-day visit with Pope Francis in Vatican City on July 21. He will be the only Canadian representative in the delegation of global municipal leaders.

"It's telling that the Pope is reaching out to mayors as part of his direct-action agenda to tackle climate action and poverty because we're on the front lines of it and we're committed to dealing with these challenges," Robertson said in an interview.

"The Pope recognizes that mayors play a key role in leading communities to a better future - we're where the rubber hits the road in taking care of cities and we've largely been left out of the conversation."

Robertson levelled harsh words for the current Canadian government, saying it has "been in the bad books globally" because of inaction on the environmental front.

National governments in general have failed to deliver solutions on climate change, he said.

"But at a city level there's serious action and commitment and it's important that the rest of the world understands that," Robertson said.

"I'll be sharing stories from our work in Vancouver and encouraging global cities and the Vatican to continue pressing for more urgent and aggressive action."

Robertson referenced Vancouver's commitment to converting the city to 100 per cent renewable energy, the city's calls for binding targets on climate pollution and its ambition at being recognized as the world's greenest city.

> **It's a responsibility that I don't take lightly.**
> Mayor Gregor Robertson

The mayor, who isn't Catholic and doesn't follow any organized religion, said he was humbled to be included on the pontiff's invite list.

"It's a responsibility that I don't take lightly."

THE CANADIAN PRESS

DOWNTOWN EASTSIDE

# Council wants city youth protected

Emily Jackson
Metro | Vancouver

Vancouver councillors are unanimously calling on the province to better protect abused and neglected youth in the Downtown Eastside.

The city passed an urgent motion Tuesday asking the province to immediately adopt the recommendations from B.C.'s representative for children and youth Mary Ellen Turpel-Lafond's May report on improving youth care in the Downtown Eastside.

The report outlines the story of Paige, a 19-year-old aboriginal girl who died from a drug overdose after years of not getting help from child services despite 17 visits to the emergency room and 40 runins with police.

Turpel-Lafond told council that she estimates about 150 to 200 youth in similar situations to Paige living in the troubled neighbourhood.

"These are young people who have been abused and neglected, these are young people who have been spit out by the system," Turpel-Lafond said.

Her recommendations include ensuring children do not live in single-room occupancy hotels and extending foster care to 24 years of age from 18.

Council directed city staff to go over the recommendations and act immediately on anything that involves the city. Staff will report back this fall on its progress.

Turpel-Lafond welcomed the decision by council, but said the province needs to step up for major change.

"You're up against a wall and that wall is no adequate provincial resources," Turpel-Lafond said.

While the province told Turpel-Lafond they may respond to her recommendations in September, she said that's not soon enough considering summer is the prime time to convince children to enroll in school.

The province also disagrees about the number of vulnerable youth in severe trouble residing in the neighbourhood. Turpel-Lafond credits this to social services that operate from 8 a.m. to 4 p.m. when children are more likely to be in school.

The city's 2015 homeless count found 199 youth without homes.

CONSTRUCTION

# Province approves hydro dam projects

The British Columbia government has granted approval for the first phase of construction to start on the massive Site C hydroelectric dam project on the Peace River.

Two dozen authorizations include conditions under the land, water, forest and wildlife acts and provide permits for timber removal, road building and site preparation. Forests, Lands and Natural Resources Minister Steve Thomson said there were initially 45 permit applications submitted, but several of them were deferred to allow more time for consultations with First Nations.

Thomson said each application for the construction phase was reviewed for its potential impact on the environment and on aboriginal treaty rights.

All the decisions makers are satisfied that the consultation process was adequate and upholds the duty to consult local First Nations, Thomson said Tuesday. THE CANADIAN PRESS

## IN BRIEF

**City to get lock sculpture**

Love locks will get a permanent home at a to-be-determined location in Vancouver.

The park board voted Monday night to hire an artist to build a sculpture where lovers can affix locks and throw away the key as a symbol of their undying love. The sculpture is an attempt to thwart lovers from placing locks on bridges, as they do in Paris, to avoid structural problems should too many sweethearts partake in the ritual. METRO

ALCAN

# New smelter pours first aluminum

A ceremonial pour of molten aluminum at Rio Tinto Alcan's Kitimat smelter marks a major milestone for the $4.8 billion modernization project in the British Columbia community.

Rio Tinto Alcan's plant manager Gaby Poirier says the three-year project created about 3,600 construction jobs and the upgrade cuts emissions in half and will increase aluminum production by 48 per cent to 420,000 tonnes a year.

He said four generations of Kitimat families have worked at the smelter since 1954 when the north coast community was carved out of the wilderness to make room for a new industry and North America's first planned city. Poirier said the modernized smelter will reach full production early next year.

Environmental groups said the Rio Tinto upgrade increases threats to human health in the Kitimat air shed with spikes in levels of harmful sulphur dioxide emissions. THE CANADIAN PRESS

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ANTI-CORRUPTION

# Death of suspected fraudster confirmed

Quebec's anti-corruption unit has confirmed the death of suspected fraudster Arthur Porter.

The unit said in a statement today that visual identification of the body in Panama was sufficient evidence to confirm the death.

DNA tests and fingerprint analysis were also conducted as a precaution.

News that the 59-year-old Porter had died last week was treated with heavy skepticism by authorities in the province where he faced fraud charges.

Quebec sent two investigators to Panama last Friday to gather evidence that would prove he had died.

Robert Lafreniere, head of the anti-corruption unit, says the fraud charges against Porter related to a superhospital project in Montreal will be dropped.

Porter's biographer, doctor and relatives said last week he succumbed to cancer in Panama, where he'd been detained since May 2013 on a Canadian arrest warrant.

The alleged $22.5-million fraud has been described by one Quebec provincial police investigator as one of the largest corruption cases in Canadian history. THE CANADIAN PRESS

ALBERTA

# Man arrested after backhoe pursuit

A 27-year-old former Alberta man faces seven charges following an early morning low-speed pursuit in New Brunswick involving a backhoe.

Thomas Therrien Chiasson, of no fixed address, was arrested Tuesday morning.

RCMP Const. Derek Black says police were called around 3:40 a.m. about a backhoe on the Trans-Canada Highway west of Fredericton that was impeding traffic and didn't have any lights on.

Black says the driver was only travelling about 10 kilometres per hour, but didn't stop until police used a spikebelt.

Police say alcohol is believed to have been a factor.

Chiasson is charged with evading police officers, impaired driving, refusing a breathalyzer demand, possession of stolen property over $5,000, mischief over $5,000, dangerous driving, and breach of a condition imposed by a court in British Columbia.

He has been remanded until a bail hearing Wednesday in Fredericton.

Ross Mathers, general manager of Maritime Road Development Corp., the private company that maintains that section of highway, says damage is estimated at about $15,000. THE CANADIAN PRESS

25TH ANNIVERSARY

**OKA CRISIS STILL RESONATING**

Kanesatake Grand Chief Serge Simon stands near the scene of the police raid 25 years ago that started the Oka Crisis, in Kanesatake, Que. July 11 will mark the 25th anniversary of the start of the Oka Crisis that grabbed international headlines, with armed Mohawks and Canadian soldiers involved in a lengthy standoff that often appeared on the verge of exploding into full-blown combat. Activists, artists and professors say while it's difficult to draw direct links, the uprising in 1990 inspired First Nations movements across the country such as the Idle No More protests and the ever-increasing calls for a federal inquiry into missing and murdered aboriginal women.

RYAN REMIORZ/THE CANADIAN PRESS

# Wanted: Chainsaw trainers for inmates

PRAIRIES

## Program meant to help in job search

Inmates at 11 prisons across the Prairies are in line for chainsaw safety training to help prepare them for future employment once they are released.

Between 110 and 220 inmates could be part of the 22 training sessions that Correctional Service Canada plans to pay for in the coming years at four prisons in Alberta, four more in Saskatchewan and three in Manitoba.

Each session will have between five and 10 inmates participating in training sessions set to start in 2017.

Bid documents posted online earlier this month show that the cost to provide the three-day training sessions should be no more than $108,800.

The winning bidder will have to supply chainsaws, cutting stands, logs, files, oil, gas, chains, and safety equipment to the inmates who take the course at medium and minimum security prisons, three Aboriginal healing lodges — including one for women — and the regional psychiatric centre in Saskatoon.

Only two prisons up for training sessions have maximum security wings: Stony Mountain Institution in Manitoba, and Saskatchewan Penitentiary in Prince Albert, Sask.

The documents also come with a warning to potential bidders: "Participants may exhibit difficult or resistant behaviour."

A spokeswoman for CSC said any inmate who lands in one of the courses has to be "screened for their suitability" and will be supervised.

Melissa Hart says prisons in other parts of the country also provide similar training to inmates, part of the department's mandate to "facilitate inmates' re-entry into the workforce following their release."

Hart said training is targeted at work in the trades, such as carpentry and cabinet making, and said "many offenders" have landed jobs because of their training and demand for trades workers.

A study that Corrections commissioned five years ago concluded that inmates who find work are less likely to reoffend. THE CANADIAN PRESS

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FEDERAL ELECTIONS

# Chief Bellegarde urges First Nations to press politicians

National Chief Perry Bellegarde is urging First Nations and other Canadians to push for reconciliation at the polls this fall.

In the first keynote address to the Assembly of First Nations annual meeting, Bellegarde said First Nations voters need to make themselves heard.

The group has identified at least 51 ridings across the country that could be decided by First Nations participation.

Bellegarde said now is the time to mobilize because the Truth and Reconciliation Commission's report has captured the attention of Canadians. "Canadians woke up to a chapter of their history that must be forever remembered and never forgotten," Bellegarde told an audience of First Nations leaders.

This is Bellegarde's first meeting as national chief. He is calling on the government to respect traditional territories and honour its legal duty to accommodate First Nations people. THE CANADIAN PRESS

**Tom Mulcair receives a gift from Chief Perry Bellegarde in Montreal on Tuesday.** RYAN REMIORZ/THE CANADIAN PRESS

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GREECE NEGOTIATIONS

## Eurozone mood gloomy

Eurozone leaders met the beaming smile of Prime Minister Alexis Tsipras with anger and frustration Tuesday when it became clear the Greek leader came to their summit without a fresh written proposal on how to save his country from financial ruin.

Instead he came with only vague proposals and a commitment to back it up with real figures and a written plan on Wednesday.

Tsipras came buoyed by a triumph in Sunday's referendum, where an overwhelming majority of Greeks backed his call to reject the belt-tightening reforms that creditors had last proposed.

But that domestic victory did not appear to give him much leverage in talks with foreign creditors, who know Tsipras needs a deal soon to keep his country afloat. Banks have been shut since last week and will not reopen before Thursday, cash withdrawals have been limited for just as long, and daily business throughout the country has come to a near standstill.

So it was with surprise and anger that European leaders learned Tsipras did not yet have a written proposal for new rescue aid.

"I'm extremely sombre about this summit. I'm also sombre about the question of whether Greece really wants to come up with proposals, with a solution," Dutch Prime Minister Mark Rutte said.

THE ASSOCIATED PRESS

# Police, FBI raid home of Subway's public face

INDIANA

## Authorities mum on reasons for investigation

FBI agents and Indiana State Police raided the home of Subway restaurant spokesman Jared Fogle on Tuesday, removing electronics from the property and searching the house with a police dog, two months after Russell Taylor, the then-executive director of Fogle's foundation, was arrested on child pornography charges.

FBI agent Wendy Osborne said the agency was conducting an investigation in Zionsville, an affluent Indianapolis suburb, but wouldn't say whether it involved Fogle or describe the nature of the investigation.

Subway said in a statement that it is "very concerned" about the raid, which it believes "is related to a prior investigation" of a former employee of the Jared Foundation, an organization founded by Fogle to raise awareness about childhood obesity. Subway did not immediately say whether that employee was former foundation executive director Russell Taylor.

**Subway restaurant spokesman Jared Fogle walks to a waiting car as he leaves his home Tuesday in Zionsville, Ind.** MICHAEL CONROY/THE ASSOCIATED PRESS

The company had removed references to Fogle from its website by late afternoon and issued another statement, saying the two "have mutually agreed to suspend their relationship due to the current investigation."

"Jared continues to co-operate with authorities and he expects no actions to be forthcoming," the company said. "Both Jared and Subway agree that this was the appropriate step to take."

Federal prosecutors in May filed a criminal complaint charging Taylor, 43, with seven counts of production of child pornography and one count of possession of child pornography. Fogle issued a statement after the charges were filed saying he was shocked by the allegations and was severing all ties with Taylor.

During a search of Taylor's home this spring, federal investigators say they discovered a cache of sexually explicit photos and videos Taylor allegedly produced by secretly filming minor children at the home. They said they also allegedly found more than 400 videos of child pornography on computers and storage media recovered from Taylor's home office in his Indianapolis residence.

Tim Horty, a spokesman for the U.S. attorney's office in Indianapolis, said prosecutors "are moving forward" with the case against Taylor. He declined to comment on Tuesday's raid at Fogle's home.

Subway, which is based in Milford, Conn., and is privately held, has struggled in recent years. Last year, industry tracker Technomic said average sales for Subway stores in the U.S. declined three per cent from the previous year. The company has about 44,000 locations around the world. THE ASSOCIATED PRESS

> **Jared continues to co-operate with authorities and he expects no actions to be forthcoming.**
> Subway statement

### BACKGROUND

**Claim to fame**

Jared Fogle, 37, became the Subway restaurant chain's pitchman after shedding 245 pounds more than 15 years ago, in part by regularly eating Subway sandwiches. Subway began featuring Fogle in commercials soon after, and his story was instrumental in giving the sandwich chain an image as a healthy place to eat.

THE ASSOCIATED PRESS

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# Breast milk demand high

U.S. HEALTH

## States consider legislation, firms battle for industry control

It could trade for 400 times more than the price of crude oil and 2,000 times more than iron ore. If sold off the shelf, it could cost more than 150 times the price of a gallon of cow's milk and 15 times more than coffee.

Going for as much as $4 an ounce, breast milk is a hot commodity that is emerging as a surprisingly cutthroat industry, one that U.S. states are seeking to regulate amid a battle for control between non-profit and for-profit banks that supply hospitals neonatal units.

The debate among the for-profit and non-profit organizations can be sharp-elbowed. It centres on whose processes result in the safest milk for premature babies in neonatal intensive care units, which need the milk if a mother has difficulty producing enough or the child has trouble latching. Each side claims the moral high ground, with non-profits generally saying milk distribution should be altruistic while for-profit companies argue mothers deserve to be compensated.

In the United States, there are two for-profit companies and soon to be three, and one non-profit that oversees 15 milk banks in the U.S. in addition to three in Canada. Ten non-profit banks are in development. Against this backdrop, lawmakers in New Jersey and Michigan are considering legislation to license banks, while legislators in California, Maryland, New York and Texas already have regulations.

**Rachel Palencik holds a container of her frozen breast milk. Palencik recently tried to sell her milk and wants to be sure it goes to one of 4,000 mothers who rely on 15 non-profit milk banks setup across the U.S.** MATT ROURKE/THE ASSOCIATED PRESS

Rachel Palencik, of West Chester, Pa., said her breast milk was taking up space in her freezer, so she tried to donate it to a bank but didn't have enough. So she tried to sell it — and wouldn't try it again.

"A lot of it was either scammers or men wanting to consume it, which isn't my cup of tea," she said.

There's broad agreement in the milk-banking industry of a shortage of human milk available for hospitals and NICUs. The non-profit Human Milk Banking Association of North America estimates that there are 4,000 moms using its banks across the U.S. and it would take 60,000 to meet hospitals' demand for milk.

The non-profits say they respect the right of moms to sell their milk because it is theirs, but they question the profit motives of companies like Medolac, Prolacta and the soon-to-be-operational International Milk Bank.

The for-profit companies say mothers have a right to earn money for their milk and their model can end the shortage.

THE ASSOCIATED PRESS

## IN BRIEF

**HSBC fires six employees for ISIL-inspired exercise**

HSBC has fired six employees who staged a mock group-style killing during a team-building exercise in the vein of those committed by the Islamic State of Iraq and the Levant (ISIL).

THE ASSOCIATED PRESS

## market minute

**DOLLAR** 78.67¢ (-0.37¢)

**TSX** 14,624.50 (+30.93)

**OIL** $52.33 US (-$0.20)

**GOLD** $1,154.30 US (-$20.60)

**NATURAL GAS:** $2.716US (-4¢)
**DOW JONES:** 17,776.91 (+93.33)

ENTERTAINMENT

# Cineplex reduces drink sizes at theatres

**Jessica Smith Cross**
Metro | Toronto

The Cineplex chain of theatres is reducing the size of its regular and large drinks, but not its prices.

"We've reduced the size of a large drink from 44 ounces to 32 ounces, and a regular drink from 32 to 24 ounces, and all other sizes remain the same," said Cineplex spokesman Michael Langdon. "The prices are the same."

He said the change was made because Cineplex believes people prefer smaller drinks.

"That's something that's true across the industry. If you look at our 44-ounce drink, for example, after a movie you'll see a lot of them left unfinished."

The theatres piloted the change in B.C., Alberta and Saskatchewan in 2013 and recently began rolling it out across the rest of the chain, Langdon said.

Haligonian movie-goer Mark Crosby wrote Metro about the change after he noticed his regular large drink had gotten smaller. When he asked what happened, he was told the change was because the theatres were "complying with Canadian law," he said.

> **We've reduced the ... large drink from 44 ounces to 32.**
> Michael Langdon, Cineplex spokesman

However, there is no law in Canada about drink sizes. When he pointed that out in a complaint, Cineplex's Guest Services sent him a response saying, the company is "proactively responding to a potential legislation restricting the sales of deemed large beverage sizes."

Langdon said that was an error. Cineplex has been preparing for the 2017 Ontario Healthy Choices Act, which will make large chains put calorie counts on their menus, he said.

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metro VIEWS
Your essential daily news
Wednesday, July 8, 2015

## THE BIG THING: THE R-WORD

**"We are in a fragile economic environment."**
— Finance Minister Joe Oliver, July 7, 2015

**1 Change of tone** Finance Minister Joe Oliver's measured comments Tuesday stand in contrast to July 2, when he said, "We're going to see solid growth ... we don't believe there will be (a recession)." Recent months have seen tanking oil prices and the first drop in capital investment since the financial crisis. If the economy is shrinking, it could throw a wrench into the government's election promise of a balanced budget.

**2 Who decides?** Officially, a recession is two straight quarters of decline in gross domestic product (the total goods and services Canada produced during those three months). GDP fell 0.1 per cent in 2015's first quarter. Second-quarter results are due from Statistics Canada on Sept. 1. If they're negative, we'll be in recession.

**3 Team recession** A chorus from the private sector predicts tough times ahead. TD Bank argues the first half of 2015 was likely a recession, Bank of America Merrill Lynch says we appear to be in a downturn and CIBC economists say it's "a real possibility."

# Make your patriot love truer: Read TRC report

**Jesse Staniforth**
For Metro

Last week, 34,000 people endured thunderstorms to celebrate Canada Day on Parliament Hill, where Prime Minister Stephen Harper told them, "A little bit of bad weather is never going to keep Canadians down." He said to the crowd, "We are a kind and generous society. No better place in the world than this country ... more confident, more prosperous, more united than ever — the best country in the world!"

In the 1700s, Dr. Samuel Johnson called patriotism "the last refuge of a scoundrel."

He meant not to disparage all patriots, but to note that, lacking other supports for their positions, people arguing in bad faith often rely on easy appeals to love of country.

Harper may have been right about some of the points he made that rainy day. But it was strange to hear such unchecked pronouncements a scant kilometre from the Delta Ottawa. It's where the Truth and Reconciliation Commission wrapped up its six years of investigation into what it called cultural genocide in the Indian Residential Schools.

Those of us present to hear statements at the TRC's Survivors' Sharing Circle have seen a far more complicated and tragic understanding of Canadian nationhood than tends to be presented in political speeches.

This is a bountiful country, yes, but one whose wealth has often come from exploitation of indigenous people and their lands. If it is a great country, that greatness has frequently been used to prevent discussion of the more painful aspects of our history.

And yet the realities of residential schools are now laid out in clear type, for all those who wish to know what our ancestors and their governments did to destroy indigenous communities and cultures in the name of our country and the notion of a white, European-Canadian identity.

The best response to crude patriotism is to educate yourself — to know what is this country you love, in all its weaknesses and faults. In that light, I'm joining the call — initiated by Chelsea Vowel and Wab Kinew, and carried on by Erica Violet Lee and Zoe Todd's #ReadtheTRCReport project — for Canadians to make the TRC's easy-to-read 400-page executive summary their primary piece of summer reading. Never has there been a better time for Canadians to learn the details of what our country did to indigenous people, and how our actions over 120 years provided the foundation of the addiction, abuse and dysfunction sadly endemic to so many aboriginal communities.

I don't intend to discourage people who love Canada from feeling how they do and expressing that love however they wish. But I believe those attached to this nation should face the evidence of the atrocities it was responsible for. So they may better understand the place they come from and love, may better love it in spite of its faults, and may better, as citizens, act upon what they learn from the truths told to the TRC.

**This is a bountiful country, but one whose wealth has often come from exploitation of indigenous people and their lands.**

**Jesse Staniforth** writes for the Nation magazine, serving the Cree Nation of Eeyou Istchee and communities around James Bay. Follow him on Twitter @JBS_nation.

## ROSEMARY WESTWOOD

*metroview*

# To the Cosby fans who scoff at truth and consequences

This one goes out to you, the thousands of fans who packed auditoriums in Ontario last winter to watch Bill Cosby crack jokes, knowing full well he'd been accused by more than 20 women (at the time) of rape.

You gave him the benefit of the doubt, you told me. He (through a lawyer) dismissed the allegations as absurd, and that was good enough for you. He was still the iconic dad who could do no wrong.

Unless, by wrong, you mean purchasing the sedative Quaalude to give to women he wanted to have sex with. Cosby, under oath in 2005, admitted to doing just that, according to court documents newly obtained by the Associated Press. During that lawsuit, which was eventually settled out of court, he said he also gave one woman three half-pills of Benadryl.

Celebrity-father-figure love is blind. And that's why this revelation, as satisfying as it is for people like me, isn't really for me at all.

As I said — it's for you. You, mostly middle-aged crowd who piled into Kitchener's Centre in the Square theatre in January, months after snowballing accusations caused Netflix and NBC to cancel planned Cosby shows, amid a comedy tour collapsing under a slew of cancelled dates. I watched you from the press rows as you applauded Cosby's trademark antics, warm in your seats while protesters shouted in the cold outside.

Later that week, in London, Ont., he told a woman in the audience to be careful drinking around him.

"Ha ha ha ha!" you laughed.

Cosby, in sweaters knitted like a tangle of Technicolor snakes, had cradled you into adulthood with his quirky, principled parenting on The Cosby Show.

But do you recall Season 5, Episode 12? It's the one called "Truth or Consequences." In it, Cosby gives his daughter Vanessa and her boyfriend a stern talking-to after Vanessa lies to her parents about seeing him (she says she's doing homework).

The moral of the episode is twofold.

One, don't fall into the "abyss of untruth," to quote Clair Huxtable. That, in real-life terms, might look something like repeated denials that you ply women with drugs, when the truth is, you do.

Two, don't aid others in lies of their own. And that, in real-life terms, might look something like paying to see a comic who overwhelming evidence suggests is a rapist, so he can parade on stage and keep raking in money, truth be damned — and consequences.

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A recreation of Michelangelo's Sistine Chapel ceiling opens Friday in Montreal

# 5 FOOD TRENDS SWEET, BOOZY, CRISP OR PLAIN NUTTY

Chips made of broccoli. Maple water. Wine-spiked ice cream. Popcorn that didn't quite fulfil its destiny. These are some alternate-universe products at the recent Fancy Food Show in New York that could signal coming trends. Here are five potential foods of the future exhibitors were showing off. THE ASSOCIATED PRESS

## 1 Sexy snacks

Holding a bag of chips with the word "Sexy" in big letters can cure shyness. At least that's what Sexy snacks founder Robert Ehrlich told visitors to his booth. "When you hold a bag, you are sort of empowering yourself," he says.

The most notable aspects of the snacks may be the name and Ehrlich, whose claim to fame is his founding of Pirate's Booty. says the snacks are a way for people to brand themselves, as they might with sneakers or handbags. The popcorn comes in flavours like Bangin' Cheddar and Brazilian Coconut, and the chips come in flavours including Spinach & Matcha Tea.

## 2 Broccoli Bites

A prevalent theme was snacks made from unusual ingredients; think bags of roasted chickpeas, cheese puffs made out of beans, and chips made out of seaweed.

Another example was Broccoli Bites from Rhythm Foods. Before they're dehydrated, the broccoli is tossed in a dressing made with seeds, herbs and spices to add flavour and prevent crumbling. Each 1.5-ounce bag has 150 calories.

Even though kale has surged in popularity in recent years, Rhythm Foods CEO Scott Jensen said he expects the broccoli snacks to be a lot easier to sell to buyers. And he's already working on the next vegetable snack: cauliflower.

## 3 Wine ice cream

Instead of a glass, this wine can be served in a cone.

Mercer's, a dairy in upstate New York, was offering tastes of its "wine ice cream," which has up to five per cent alcohol. The ice creams come in eight flavours including Strawberry Sparkling and Chocolate Cabernet.

Roxaina Hurlburt, a co-owner of Mercer's, said the dairy has been making traditional ice cream for 60 years and started packaging the wine ice cream in 2008. She said it's sold online and in about 200 locations around the U.S., including places like casinos and wineries. It's also sold in Montreal.

## 4 Half-popped kernels

Do you think those half-popped kernels at the bottom of the popcorn bag are the best part? Now two companies are selling bags of just those bits.

HalfPops and Pop'd Kerns offer the snacks in different flavours, with a one-ounce serving containing between 130 and 160 calories, depending on the flavour.

HalfPops, based in Bellevue, Wash., says it uses a proprietary process to cook the kernels. Six-ounce bags of HalfPops are available online and at about 2,000 U.S. locations, including some Whole Foods and Wegman's, said Mike Watts, the company's vice-president of marketing.

## 5 Maple water

Is maple water the next coconut water?

Drink Maple sells bottles of maple water it says is tapped from maple trees.

It's the same stuff that's boiled down into maple syrup. The clear liquid has the consistency of water and a lightly sweetened taste, with a 12-ounce bottle labelled as having 30 calories and seven grams of sugar.

The product also seems to hit on all the prevailing dietary trends: The company's website notes maple water is "low calorie, gluten-free, dairy-free and non-GMO." It also says "no trees are harmed" in the collection process.

Canadian brands, tapped in Ontario and Quebec, can be found in some local Whole Foods and small health-food stores.

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# Bieber inspires an all-new race to the bottom

BUTT OF THE JOKE

## Internet gives Justin Bieber the Kardashian bum treatment

Justin Bieber has gifted the Internet with a bright, colourful photo of his gleaming white bum, and the Internet is not one to look a gift butt in the mouth. (Wait, what?)

Truly, it's a magnificent sight, captioned with the simple, imploring command to "Look." He is, after all, an artist.

But the Internet did more than just look. No, the snarky digital collective has heard the challenge thrown down by Canada's reigning pop imp, and they have answered in rare form with some truly amazing Photoshop magic.

If Kim Kardashian's bare ass broke the Internet, it's Justin Bieber's that put it back together again.

And sometimes it's Bieber's fellow pop stars who have the best responses to these things, as Miley Cyrus proved.

NED EHRBAR

**Miley Cyrus found a bubbly way to Photoshop one of Justin Bieber's most recent Instagram photos.**

PHOTOS VIA INSTAGRAM

MAGIC MIKE

## Stripping down to the dirty truth

If Channing Tatum wants to continue to cash in on his days as a desperate male stripper for lucrative Magic Mike movies — and why wouldn't he? — then he's going to have to keep fielding questions about his days on the pole.

"It was one complete year of down-the-rabbit-hole crazy. I am glad I moved on. It definitely has some seedy, darker sides," he tells the Daily Telegraph. "I did a lot of bad things for one dollar bills."

Is he teasing more material for the third — and inevitably in 3D — Magic Mike instalment? Because sure!

Also of note in the world of Tatum wisdom: Being a stripper and being in a relationship is tricky.

"Just think about it. You have your wife or your girlfriend, and then you go and basically run your junk all over women as a job," he explains helpfully. "That can get confusing."

NED EHRBAR

PARENTHOOD

## Ryan Reynolds not a big fan of time

Becoming a dad has taught Ryan Reynolds more than a few things, most notably that he's now terrified by the unrelenting forward march of time toward oblivion all mortals must face. Wow, that got heavy quick. Let's let him explain:

"You suddenly feel the inexorable amount of time go by," he tells AOL Build. "There's nothing that ages you faster than having a kid, and that's not because you wake up in the middle of the night every five seconds because someone's got to s— themselves. It's really because you're looking at this person and time is just flying by, like how is it possible that you're already half a year old? And when most people are given at best 90 of these years on this planet, you start to look at it like that. It freaks you out a little bit." It certainly does. Thanks, dude, for freaking the rest of us out, too.

NED EHRBAR

## GOSSIP NOTES

### New contract 'okily-dokily'

Fox announced Tuesday that Harry Shearer and his many voices are returning to The Simpsons for its 27th and 28th seasons after a contentious and public contract dispute. Dueling tweets in May between Shearer and Simpsons executive producer Al Jean suggested Shearer might be leaving the Fox cartoon series, where he has voiced numerous key characters since it debuted in 1989.

THE ASSOCIATED PRESS

### Celebrity duo getting cosier

After spending the spring popping up on dates for dinner in L.A. and general merriment at Disneyland, Katy Perry and John Mayer were most recently spotted soaking in the farewell concert for the Grateful Dead in Chicago. Photos submitted to TMZ show the cozy couple all wrapped up in each other during the show, though in one shot Perry is hugging Mayer from behind, making it very difficult for her to see the stage. But hey, maybe he's just more into the Dead than she is.

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GREEK CUISINE

# 'Eat like a Greek' with these simple Mediterranean delicacies

# Adding the Opa! to your diet

The Kalamata olive is often recognized as the official Greek olive, and is distinct in taste and appearance from most green and black olives. While Kalamata olives are high in sodium, they are also rich in healthy fats. ISTOCK

WORD OF MOUTH
Theresa Albert
myfriendinfood.com

The world's eyes are on Greece right now and so, too, our stomachs. We truly are a global village as we share our air, our climate and our economies. One way to support a country is to invest in or buy their exports. But that could just be my tummy talking.

Here are some excellent foods and flavours that come out of Greece:

**An olive to know, love and devour**

Greece produces some of the world's best olive oils from groves that are 500 to 1,500 years old. This means a root system that — like Greek culture — is steeped in terroir, history and love.

Kalamata olives have a protected designation of origin (PDO) title. This means that if it says Kalamata, it has to have been produced in Kalamata, Greece. This olive is the deep purple almond- shaped olive of intense juicy flavour, which develops on the tree as it must be picked ripe. Not to be confused with black olives, which can be of any variety and have a wide range of sizes, shapes and flavours.

TORSTAR NEWS SERVICE

**Things can only get feta**

Greek feta is made with a combination of goat's and sheep's milk cheese, which gives it a creamier texture than the cow's milk feta. It is brined in salt water for up to a couple of months. The more aged, the more firm the texture.

Come on people now, smile on your Greek brother. Do your bit and have a souvlaki cookout, Opa!

*Theresa is an on-camera food and health expert, nutritionist and writer who loves to spread the word on food.*

WINE

# Rosé is wiser than you think

LIQUID ASSETS
Peter Rockwell
@therealwineguy

When you're a White Zinfandel, it's not easy being pink.

Though one of the best-selling wine styles in Canada, White Zin can't escape its reputation for simplistic flavours that often lean too far into gummy sweetness.

However, sales of more classically formed rosés are on an upswing across the country — especially those made locally.

Sutter Home's 2014 White Zinfandel ($9.05 - $12.49) is the original. The idea that a refreshing, pink wine could be created if red juice saw less skin contact was conceived at the winery back in the 1970s.

Berry-bright with a drier finish than most, Sutter Home's version is a perfect back deck mate on a hot day — especially if you pour it over ice.

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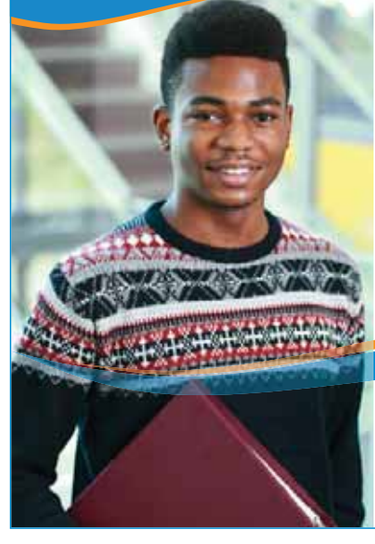

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# Ex-Ex marks the frank sex talk

ROM-COM

## Screenwriter says dialogue based on real conversations

Steve Gow
For Metro | Life

My Ex-Ex, starring Katherine Barrell, third from left, as a woman whose love life takes an unexpected turn, opens cross-Canada on Wednesday. MICHAEL HELMER

Inspiration can be a terribly fickle thing. For writer and actor Andre Bharti, however, it simply arose out of the pages of a supermarket tabloid.

"It was one of those movies that writes itself," laughed Bharti in Toronto recently. "I was reading the National Enquirer and there was an article where a psychic said she could connect you with your ex (and) I thought, what if she messes up?"

With that, the Toronto filmmaker composed My Ex-Ex — a new romantic comedy that follows a young woman who, after being dumped by her rich suitor, accepts spiritual advice to reunite with a deadbeat college boyfriend who can't even hold down a job under his father.

"To be honest, a lot of it is very true to life," said Bharti, admitting that although he also worked for his father — founder of one of Canada's leading merchant banks — his creative ambitions were never questioned.

"He supported me that way. I was writing poetry when I was six years old, so I think he realized I wasn't going to be the business guy."

> **I met powerful females in Kingston and I could not believe how much raunchier they were than me.** Andre Bharti

Instead, Bharti studied drama at Queen's University in Kingston where he not only learned to write screenplays, he even found inspiration for the movie's cast of raunchy characters. Insisting on authenticity, My Ex-Ex has been praised for the candid way its characters speak about sex — especially the ladies.

"I met powerful females in Kingston and I could not believe how much raunchier they were than me," said Bharti.

"These are really beautiful, great ladies, but they talked about everything like in the movie. I didn't make that up. The character's names are different, so you wouldn't know who it is but those are real conversations."

With its forthright perspective on modern romance, My Ex-Ex has impressed in its recent festival run — so much so that the movie was selected as part of the Canadian Indie Film Series, where it premieres Wednesday at theatres across Canada.

"I never made this movie to win an Oscar (but) everyone who watches it says they leave with at least three (scenes) they can't forget," admitted Bharti.

"If you have a good sense of humour and take it for what it is, you'll hopefully have fun."

### MODERN LOVE

**Going far ... but not too far:**
"My heartfelt story might be on the more raunchy side, but I don't think it should offend anybody," said Bharti. "There's nothing sexist, racist or stupid like that (so) why would it be (offensive)?"

**Guys like rom-coms, too:**
"I think guys would get this movie as well as girls," said Bharti. "Romantic comedies — let's be honest, guys try to act tough, but we're really not. I cried at Pretty Woman."

**It ain't easy being Canadian:**
"When you're a Canadian filmmaker, you're kind of behind the 8-ball," said Bharti. "It was just a young crew that believed in the project and we really pushed — we did it in 18 days and no one complained."

SCI-FI SERIES

## Halle Berry back in Extant, says the best stuff is on television

Ned Ehrbar
Metro Life

Last summer, astronaut Molly Woods (Halle Berry) thought she'd saved humanity from certain doom, but of course that's not the case or else there wouldn't be a Season 2 for Extant, Berry's first foray into network television. It airs Wednesdays at 10 p.m. ET/PT on Global.

So what has Berry learned from her first year on TV?

"It is a whole lot of work. I mean, I've never worked so hard in my life as last year," Berry says. "And I was nursing — my baby was three months old — so I was doing drive-by nursings every two hours ... and I was in over my head with the amount of scenes we shoot in a day, the things I had to memorize."

Needless to say, Season 2 was a much smoother experience.

"This year, without having the baby nursing, is better than last year," she says.

"But it was an awakening last year. I thought, 'I'm going to go into TV, be at home with my family.' I didn't see my family and I never worked harder in my life. So hats off to everybody who does television, because it's a grind."

Halle Berry as astronaut Molly Woods in Extant. HANDOUT

When Oscar winner Berry signed up for the show last year, it was big news — despite her being far from the first big-screen star to make the transition. But Berry insists there was no hesitation in her decision.

"Not in this day and age. Maybe 10 years ago I would have had cause to pause. But the best things, in my opinion, are on television," she says.

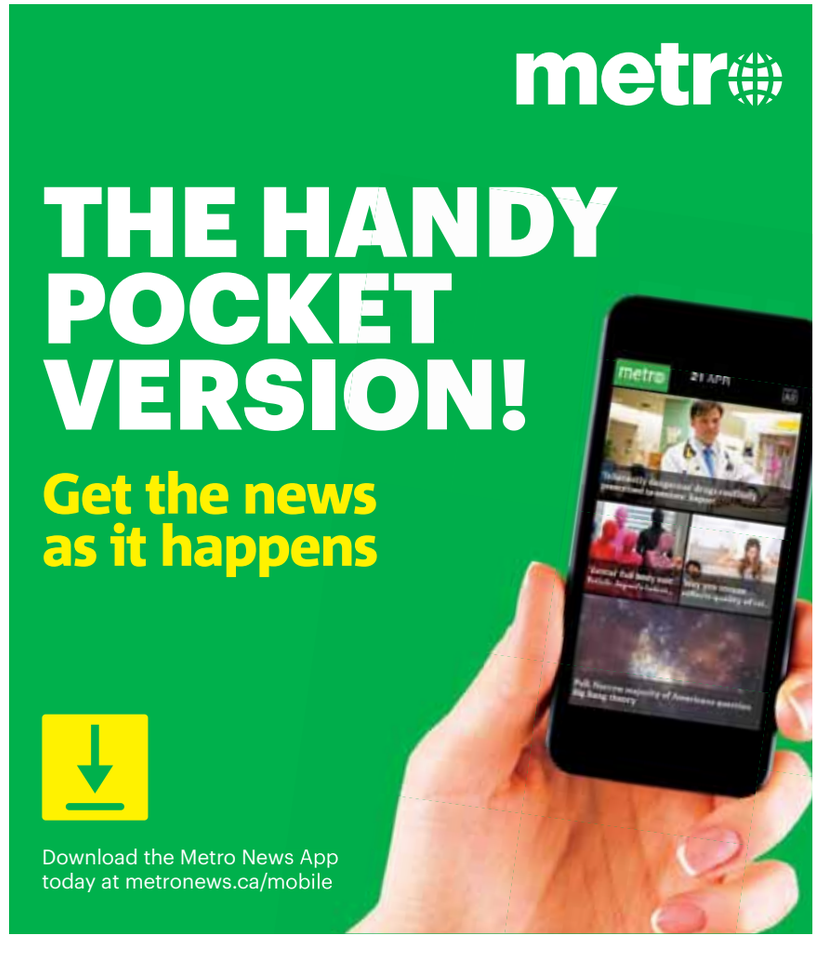
"As artists, we want to share what we do with the world and this is a really good medium to do that."

### ROBOT KID

Extant features Berry's character grappling with having a robot son, Ethan, who ended up relegated to the cloud at the end of Season 1. Recent upgrades in Berry's own life have changed how she approaches that on-screen relationship.

"Now that I have a son, I really do see the difference in relationship, from having a little girl and having a boy and the special relationship that mothers and sons have," she says.

"I'm happy in our show this year that there is Ethan and I get to continue to explore what that relationship might be with a twist, because he is a robot. Does he take the place of a real child?... Can a robot have humanity? Can they love? Can they have a human exchange?"



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# Hyundai puts accent on value

ROAD TESTED

JIL McINTOSH/FOR METRO

REVIEW

## Car delivers decent ride and content for its price

**Jil McIntosh**
For Metro

When I was a young driver — and I won't admit how long ago that was! — an entry-level car was a cheap car, with a tinny feel and few options.

That's seldom the case anymore, at least judging by my Hyundai Accent tester. This company was among the first to stuff in as many items as possible while keeping the price low, and while some other automakers have caught up with that, the Accent remains a solid, good-looking little car.

All Accents use a 1.6-litre four-cylinder engine that makes 138 horsepower. A six-speed manual transmission is available on most trim lines, while the mid-range GL and top-line GLS can also be optioned with a six-speed automatic transmission.

The Accent comes as a sedan, starting at $13,249, but I prefer the hatchback, which begins at $13,599 and goes up to $19,549 for the GLS with automatic transmission.

> **It's not the most exciting car to drive ... but it gets the job done**

It's not the most exciting car to drive — the Mazda2 and Ford Fiesta are far sportier, for example — but it gets the job done, handling curves efficiently and with a smooth ride that's quiet over all but the very worst bumps.

All trim lines include air conditioning, which is an important consideration when you're price shopping: not all manufacturers include it in their rock-bottom stickers, and you may have to move up to a much pricier trim line to get it. The top-line Accent GLS includes such items as alloy wheels, automatic headlamps, heated seats, satellite radio, and a power sunroof.

The cabin is handsome, and the controls are simple and easy to use. Front-seat comfort is pretty good for an economy car, but the rear chairs are hard and flat. Rear-seat legroom is actually pretty good for a car this size, especially since there's enough space to slip your feet forward under the front seats.

Visibility could be a bit better out of that narrow rear window (a backup camera isn't available), and the deep cargo well accommodates tall items but also makes for a longer reach to lift your groceries out.

Still, overall, the Accent stays true to its roots: a decent little car for what it costs.

## THE CHECKLIST | 2015 HYUNDAI ACCENT HATCHBACK

### THE BASICS

**Type.** Four-door, five-passenger subcompact hatchback.
**Engine (hp).** 1.6-litre four-cylinder (138).
**Transmission.** Six-speed manual or six-speed automatic.
**Price.** $13,599 (base), $19,549 (as-tested), plus destination.

JIL McINTOSH/FOR METRO

### POINTS

- The engine uses direct injection, a performance- and efficiency-enhancing technology usually found on pricier cars.
- Despite this, the Accent's published fuel consumption is slightly higher than most of its competition.

### COOL FEATURES

- Active ECO system.
- Standard air conditioning.
- Available LED running lights.
- Available heated front seats.
- Driver's auto up/down window.
- Six airbags.
- CD stereo with USB connector.

### MARKET POSITION

While the Accent's driving performance is on par with many of its competitors, Hyundai adds as many higher-end features as possible, and includes a comprehensive warranty of five years or 100,000 km that covers almost everything.

### THE COMPETITION

**Kia Rio5**
**Base price: $14,495**

**Ford Fiesta**
**Base price: $16,349**

**Nissan Versa Note**
**Base price: $14,298**

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# Canadian firm to work on e-cabs

FUEL ECONOMY

## Result disputes industry find

Adding properly fitted roof boxes and a modest amount of cargo to a couple of compact family-model vehicles decreased their fuel economy by up to 35 per cent on the highway, versus industry figures, test results by What Car? magazine suggest. Adding any roof box increases a vehicle's frontal area, creating drag and turbulence that can hamper a four-cylinder vehicle.

NEW CARS

## Latest Civic to go on sale soon

Honda's new compact Civic will blend elements of the Accord sedan, CR-V compact tall wagon and recent other concepts into a sleek four-door sedan available this fall, to be followed by a two-door coupe and a five-door hatchback. Transmission options will include a six-speed manual and a continuously variable automatic.

TEXT AND IMAGES BY WHEELBASE MEDIA

PRODUCTION

## Multimatic forms Metrocab partnership

The makers of England's all-new e-cab Metrocab, Frazer-Nash Research Ltd. and Ecotive Ltd., will enter volume production in Coventry next year, in partnership with Canadian manufacturing specialist Multimatic. Metrocab is the only zero-emissions capable cab now operating in London. Range-extended electric taxis are a solution to delivering on the city's Ultra-low Emission Zones promises, with London having one of the world's toughest urban emissions standards. Markham, Ont.-based Multimatic, which helped bring Metrocab's prototype fleet to market, makes complete cars, as well as body/chassis assemblies for low-volume models. Multimatic vice-president Larry Holt said the Metrocab has been designed and engineered "with the global market in mind."

TECH

## Toyota grows its engine lineup

Toyota is stepping up a global upgrade of 14 high-efficiency engines with the introduction of a new 1.2-litre turbo unit. The line of engines will each deliver at least 10 per cent better fuel economy than the ones they will replace or make redundant. One recent example is a newly developed 1.2-litre direct-injection turbocharged engine (right) for the Japan-market Toyota Auris small car.

vw.ca

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Highline model shown

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*Limited time finance offer available through Volkswagen Finance, on approved credit, based on a new and unregistered 2015 Tiguan FWD Trendline (#5N21V4) base model with 6-speed manual transmission. Base MSRP of $26,750, including $1,760 freight and PDI, financed at 0% APR for 84 months equals 182 bi-weekly payments starting from $138. $1,634 down payment due at signing. Cost of borrowing is $0 for a total obligation of $26,750. PPSA fee, license, insurance, registration, any dealer or other charges, options and applicable taxes are extra. **$3,500 discount on MSRP available on cash purchase only of new and unregistered 2015 Tiguan 2.0T Highline 4MOTION® models. Discount varies by model. †**Lease payments of $215/$258 on the Tiguan / Tiguan Special Edition must be made on a monthly basis and cannot be made weekly.** Weekly equivalent payments shown for information only. Limited time lease offer available through Volkswagen Finance, on approved credit, based on a new and unregistered 2015 Tiguan FWD Trendline (#5N21V4) / Tiguan Special Edition base model with 6/6-speed manual transmission. $1,760/$1,760 freight and PDI included in monthly payment. 48-month term at 1.9% APR. $6,168/$6,002 down payment, $260/$310 security deposit and first monthly payment due at lease inception. PPSA fee, license, insurance, registration, any dealer or other charges, options and applicable taxes are extra. Total lease obligation: $16,464/$18,378. 64,000-kilometre allowance; charge of $0.15/km for excess kilometres. Dealer may sell or lease for less. Dealer order/trade may be necessary. Offers end July 31, 2015 and are subject to change or cancellation without notice. Model shown: 2015 Tiguan 2.0T Highline R-Line, $41,565. Vehicle shown for illustration purposes only and may include optional equipment. Visit vw.ca or your Volkswagen dealer for details. "Volkswagen", the Volkswagen logo, "Das Auto & Design", "Tiguan", "Highline", "Trendline", "4MOTION" and "Climatronic" are registered trademarks of Volkswagen AG. © 2015 Volkswagen Canada.

metro SPORTS

Marc Gasol confirmed he will sign a five-year contract with the Memphis Grizzlies

Wednesday, July 8, 2015

# Canucks prospect Jasek continues to progress

NHL

## Benning likes Czech forward's speed and skill

Cam Tucker
Metro | Vancouver

Lukas Jasek will turn 18 years old later this summer. At his age, there's still some growing left. The Vancouver Canucks like his skill — now, it's about getting stronger.

The Canucks selected Jasek late in this year's NHL draft, in the sixth round at 174th overall. His skating ability, which is the first quality general manager Jim Benning mentions, and skill have been on display in Shawnigan Lake this week, at the organization's development camp for prospects.

**Lukas Jasek** CAM TUCKER/METRO

He stands five-foot-11 and weighs in at 165 pounds, and adding strength to a fluid skating stride and a quick shot would only further complement those qualities.

"He still needs to get physically stronger," said Benning on Tuesday. "But we think he could be a good prospect for us."

There seemed to be surprise within the organization that Jasek was still available so late in the draft.

Always interested in scouting for young talent, Benning said he watched Jasek play four times at the world under-18 championship in Switzerland this spring.

"He's a skilled guy, a good skater and he works hard," said Benning.

Jasek had 27 points in 24 games last season for the Trinec junior team in the Czech Republic, and seven points in five games at the Ivan Hlinka Memorial tournament last year.

It's surprising to note that Jasek's favourite player isn't fellow countryman Jaromir Jagr, who continues to defy age in the gruelling game of hockey. Instead, Jasek favours Philadelphia Flyers captain Claude Giroux.

Jasek will go back to the Czech Republic to play next season, and the Canucks will keep tabs on him throughout the winter, but it seems once his contract in his homeland is up, the NHL organization would like him to make the trek to North America for a stint in the CHL.

**Jim Benning and the Canucks intend on bringing Lukas Jasek to North America to play in the CHL once his contract in the Czech Republic is up.** BRUCE BENNETT/GETTY IMAGES

For Jasek, there is always the possibility of playing for the Czech team at the world junior championship this winter, too.

The Canucks like the way he's progressed through camp so far.

"The one thing I know is he soaks everything in," said Stan Smyl, the senior advisor to the GM.

"Seeing him out there, you want to see how they understand certain drills and how they execute them. And he follows through on them. He's at that stage where it's a real learning experience for them."

## IN BRIEF

**Doubront pitches Blue Jays past White Sox**

Felix Doubront pitched into the seventh inning in his first start of the season and Josh Donaldson homered to lead the Toronto Blue Jays to a 2-1 victory over the Chicago White Sox on Tuesday night.

Doubront (1-0) allowed just one run and six hits in 6-2/3 innings. It was his first start in the majors since last Sept. 20 when he pitched for the Chicago Cubs against the Los Angeles Dodgers.

Roberto Osuna got the last three outs for his fourth save.

Donaldson led off the fourth inning with his 21st homer to break a 1-1 tie. He has six homers in five games against the White Sox this season.

THE ASSOCIATED PRESS

**Blues sign Tarasenko to long-term deal**

The St. Louis Blues say they have signed star forward Vladimir Tarasenko to an eight-year, $60-million contract.

General manager Doug Armstrong announced the move Tuesday, locking up the 23-year-old Tarasenko after a season in which he made his first career all-star game and was 10th in the NHL with 73 points, including 37 goals, to go along with a plus-27 rating. He was the youngest Blues player with a 30-goal season since Brendan Shanahan in 1991-92.

THE ASSOCIATED PRESS

MLS

# Whitecaps brace for busy summer schedule

The Vancouver Whitecaps are in for a busy summer.

Major League Soccer's regular season, the Amway Canadian Championship final and the CONCACAF Champions League means the club will play 11 games between Sunday and the end of August.

Vancouver's depth has already been tested at times in 2015, and it will once again be front and centre during a crowded seven-week stretch.

"It's going to be tough," Whitecaps goalkeeper David Ousted said Tuesday. "We're going to need everybody. I think you'll see that hopefully the strength of this team is going to be the depth of the squad. A lot of young guys are coming up now showing they've got the level to compete."

> **We have a lot of games. We're going to need the whole squad.**
> David Ousted

International duty and injuries could further complicate things for Vancouver over the next two months. Jamaican striker Darren Mattocks and Canadian midfielder Russell Teibert are away at the Gold Cup, while captain Pedro Morales and defender Pa-Modou Kah are both dealing with calf injuries.

Kah was hurt in Saturday's 2-1 loss to the Colorado Rapids that wrapped up Vancouver's five-game road trip, while Morales has missed the last three outings.

"With the amount of games that we have, everyone will play," said Whitecaps head coach Carl Robinson. "Everyone will get their chance, and then it's down to them whether they take their chance or not."

Apart from the regular-season schedule, the Whitecaps play the two-legged Canadian final against the Montreal Impact on Aug. 12 and Aug. 26 after opening the Champions League group stage against the Seattle Sounders on Aug. 5.

The Whitecaps will host Sporting Kansas City on Sunday.

THE CANADIAN PRESS

**The Whitecaps' Steven Beitashour, left, and Mike Grella of the New York Red Bulls compete for a throw-in pass on June 20 in Harrison, N.J.** JULIO CORTEZ/THE ASSOCIATED PRESS

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**7:00 pm – 9:00 pm**

Vancouver Public Library Alice MacKay Room
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**Thursday July 30th**
**7:00 pm – 9:00 pm**

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**Tuesday July 21st**
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**– Margo Desmarais**, PBA, Finance Team Lead, University of Alberta

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**Wednesday July 22nd**
**7:00 pm – 9:00 pm**

Vancouver Public Library Alice MacKay Room
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**7:00 pm – 9:00 pm**

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BRITISH COLUMBIA EQA

# RECIPE Thai Quinoa Salad

EAT LIGHT AT HOME

Rose Reisman
rosereisman.com
@rosereisman

The crunchy delicate taste of quinoa goes well with this Asian-infused salad. Serves 6.

**Ready in**
Prep time: 10 minutes
Cook time: 15 minutes

**Ingredients**
- 1 cup quinoa
- 1 1/2 cups chicken stock
- 3/4 cup thinly sliced carrots
- 3/4 cup thinly sliced red bell pepper
- 1/4 cup chopped cilantro
- 1/3 cup sliced green onion

**Dressing**
- 2 Tbsp peanut butter
- 1 1/2 Tbsp lemon juice
- 4 tsp soy sauce
- 1 Tbsp honey
- 1 1/2 tsp sesame oil
- 2 tsp water

**Garnish**
- 1/3 cup chopped toasted cashews

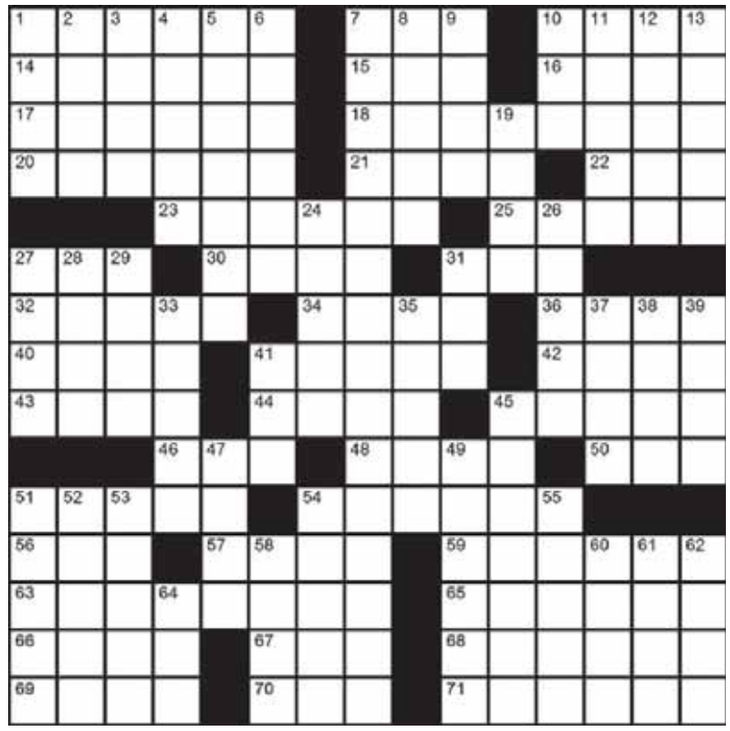
**Directions**
**1.** Bring quinoa and stock to a boil. Cover and simmer on lowest heat for 15 minutes until cooked. Place in serving bowl to cool.
**2.** Add remaining ingredients to quinoa, except for dressing.
**3.** In a small bowl, combine ingredients for dressing until smooth. Pour over cooled quinoa. Garnish with cashews.

**Nutrition per serving**
- Calories 210
- Carbohydrates 24g
- Fibre 3g
- Protein 8g
- Fat 10g
- Saturated Fat 2g
- Cholesterol 0mg
- Sodium 380mg

PHOTO: ROSE REISMAN

# CROSSWORD Canada Across and Down

BY KELLY ANN BUCHANAN



**ACROSS**
1. Beach trinkets
7. Large
10. Cleveland basketballers, briefly
14. Aloha State
15. NHL's Ducks, on scoreboards
16. Old World buffalo
17. Forever, to a poet
18. Magnificent
20. Hockey great Mr. Savard's
21. Queens __ (Street in Toronto's waterfront)
22. Kay's follower
23. Productivity
25. English class assignment
27. 007, e.g.
30. Peel
31. Creature in ancient Egyptian art
32. Grad parties
34. Uncertain
36. Re-work the written work
40. Kind of lily
41. Longest river of France
42. Driveway sight
43. Equal, in Montreal
44. Space bear
45. Tell the waiter what you want
46. Median, mini-ly
48. Wednesday = __ Day
50. Dorothy's Auntie's namesakes
51. "So __!" (Take that!)
54. Use a tranquilizer gun
56. "Uh-huh."
57. Draw close
59. __ blocks
63. Guitar pick
65. On the go
66. Toast topping
67. Drink chiller
68. Mr. Beatty of movies
69. Ho-hum
70. 'Velvet' suffix
71. Most tricky

**DOWN**
1. Ladies
2. Intensely dislike
3. Pitcher
4. "Key __" (1948)
5. Causes for frustration at checkout
6. Midday break
7. 16th-century Europeans who caught cod in the Grand Banks of Newfoundland: 2 wds.
8. Opinion
9. Grand event
10. Tin
11. Mountains in South America
12. "Presto!"
13. Woefully
19. Optometrist's study
24. Earlier in time
26. Asparagus unit
27. Basilica part
28. Mr. Kinnear
29. Robe of ancient Rome
31. Captain's confirmation
33. Tooth type
35. Imposter
37. "__, Where's My Car?" (2000)
38. Detail
39. Rocky hills
41. Haul with difficulty
45. __ illusion
47. Let off steam
49. Kinds of parrots
51. Spelling misssstakes
52. Lionel Richie song
53. Swashbuckling props
54. Gravy cousin
55. __-level position
58. Fort __, Ontario
60. British rock group, __ Straits
61. Pre-day nights
62. Broadway musical
64. Murmur

# IT'S ALL IN THE STARS by Sally Brompton

**Aries** March 21 - April 20
Like everyone you make your share of mistakes but you are not afraid to admit it, and that fact gives you an edge. While others are still trying to deny that they messed up you will be retracing your steps.

**Taurus** April 21 - May 21
The only thing that matters today is that you follow your instincts and follow to the letter what your inner voice tells you. Even if the whole world says you are mad you must not change direction.

**Gemini** May 22 - June 21
You have done a lot of thinking in recent weeks and now it is time to put what you discovered, about yourself and about the wider world, to good use.

**Cancer** June 22 - July 23
Stop feeling sorry for yourself and start doing the things that will make your life more satisfying and secure. Mind planet Mercury joins the Sun in your sign today, so you will know what needs to be done.

**Leo** July 24 - Aug. 23
You may not understand why you feel a certain way but you must not ignore your emotions. If you want to think clearly today it will pay to shut yourself off from outside influences.

**Virgo** Aug. 24 - Sept. 23
You like to be helpful but you must not do other people's work for them. The planets warn that if you do just one little thing for someone today you will end up doing everything for them for the rest of the week.

**Libra** Sept. 24 - Oct. 23
Reach out and make contact with someone in a position of authority today, As Mercury, your ruler, crosses into the career area of your chart you clearly know what it is you want and how to get it.

**Scorpio** Oct. 24 - Nov. 22
You will speak from the heart today but not everyone will want to hear what you say. Some people find the truth uncomfortable and one person in particular will kick up a fuss.

**Sagittarius** Nov. 23 - Dec. 21
You have allowed certain issues to slide and if you don't do something about them soon it will be too late. The fact is you have relied too heavily on others to make decisions for you.

**Capricorn** Dec. 22 - Jan. 20
Don't keep your thoughts and feelings to yourself today because others will know in an instant what you are trying to hide. What have you got to be embarrassed about?

**Aquarius** Jan. 21 - Feb. 19
Something in your life is clearly not working and needs to be changed but you find it difficult to admit that. Mercury, planet of the mind, changes signs today and it will help you change your mind too.

**Pisces** Feb. 20 - March 20
Sticking to a rigid plan of action will limit your options and make success much harder to come by, so be flexible. Most importantly, don't set targets. Take each day as it comes.

## CONCEPTIS SUDOKU by Dave Green

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